



10 Expectations of Premier Parents and Players

1 INTEGRITY

Conduct yourself in a positive & tactful manner at all times. Your actions have a profound effect on not only your player but the entire TEAM and CLUB. Restrain from criticizing the efforts, skill or performance of your player, their teammates, coaches, and referees.

2 KNOW YOUR ROLE

Let the players play, coaches coach & officials officiate. Your role is to support & cheer for your player. Don't tell players to "shoot," "pass," "dribble," or use any basketball terms whatsoever during games, practices or events as those comments contradict what a coach is trying to achieve on the court.

3 SELF-DISCIPLINE

Demonstrate self-discipline. Have the self-discipline to be aware of your feelings and emotions during a game, practice, or event so that you can represent yourself and your family in the best possible manner both on and off the court. This is especially true in heated, competitive games.

4 TRUST THE PROCESS

Understand that the development of an individual athlete and team is a process that is created over a duration of time through ongoing commitment, reinforcement, and encouragement. It is not a short-term, create-at-will system that happens overnight.

5 CELEBRATE SUCCESSES

Celebrate successes of the team and ALL players, both big and small. Be generous with praise and enthusiasm for not just your own player, but all players. Lift others up and look for ways to spread positivity.

6 ABUNDANCE MINDSET

Success is not a commodity that runs out. A teammate's success only improves the team and the opportunities for others success. Players are often at different skill levels and stages in development; Be patient, tolerant and supportive and success will come.

7 ADVERSITY AND DEFEAT

Understand the benefits of adversity and defeat. Recognize that adversity and defeat are the building blocks for players to master the art of resiliency; Falling down, getting back up and starting again. Your player and their team will fall down sometimes and it isn't a bad thing.

8 CONTRIBUTE TO THE TEAM

Be willing to help, contribute and give where you can. Be inclusive of all members of the team, including other parents and coaches.

9 SOLVING PROBLEMS

Deal with Problems Constructively - Wait 24 hours following a game or practice before addressing any problems, be solution driven and have the courage to deal ONLY with the individual (usually the coach) who can help provide a solution to those problems.

10 SUPPORT YOUR CHILD

**OFFER YOUR PLAYER LOVE, SUPPORT THEIR GOALS AND ENCOURAGE THEM TO PURSUE THEIR PASSION...
EVERYTHING ELSE IS UP TO THEM!**